Do the Write Thing Challenge

Youth violence has affected my life in many ways. Because of youth violence, millions of people under the age of 18, are dying every year. Hundreds of parents are crying their eyes out saying “Why? Why was my child the child that had to die today?” It’s sad, how just from youth violence, more lives are being lost now than they ever were. By knowing this for a fact, I can only imagine what those families are going through right now. Try imagining losing your brother, sister, or child.

Youth violence, is caused my many things. Jealousy, hatred, anger, and depression. Youth violence isn’t just killing other teenagers. They kill themselves as well sometimes. There are many reasons why this happens. Bullying, having a hard social life, trouble going on in the family, painful losses, or sometimes, just feeling unwanted in life and thinking you have no purpose in life. They need to understand that no matter what reason they may have, there is no need to kill themselves, especially at a young age. You should live your life to the fullest and try your best to find your purpose.

If you feel like you’ve hurt someone that you love, like your parents, they still love you. There is no need to end your life. No matter how much you’ve gone to jail, steal, do drugs, prostitution, kill other people, they’ll love still love you. No matter what horrible things you’ve done in your life, your parents will always be there for you, even if they are in jail. They try their best you keep you on the right road. No parent wants to see their child living their life on the wrong path. I know, sometimes your parents get on your nerves, but they’re only doing that because they love you. Even if your parents act like they don’t love you, their eyes will be filled with tears if they see you in the ground.

Jealousy and anger are other things that cause youth violence. Someone might get jealous of someone because his/her boyfriend/girlfriend might’ve dumped them for someone else, they might kill them or do something else that’s horrible. Or if someone has something that they don’t have, they kill them...all because of pure...jealousy.

Anger is another thing that cause youth violence. Some students have snuck D.W’s (dangerous weapons) into their schools and killed people because they were angry at someone. Or if that person has anger built up inside of them, they take it out on the wrong people and accidentally kill them. Anger has caused many deaths. Based on studies, there are at least 5,000 under aged deaths in America because of anger.

Out of everything I mentioned about youth violence, I think the internet has a lot to do with youth violence. The internet causes issues, but its not the internet’s fault, it’s the person’s fault who’s using it. The internet is supposed to be for good things, but
some people just think their supposed to go on inappropriate websites, and post inappropriate things on the wrong websites....especially Facebook

There are so many things that we can do to help these people. You can join clubs to keep kids in a social so they don’t feel lonely. You can find a counselor that will come and visit your house to help with your child. I know there is a program called L.E.A.P. This program helps kids learn new things, keeps them active and more social.

Another thing that causes youth violence is easy access to dangerous things. Students have easy access to knives, guns, and even drugs. Then when they’re taken to school, other students who might be innocent get their mind twisted and do the wrong thing with the wrong person. Parents should keep their child away from things, and try not to set the wrong example for their child, like smoking and frugs.

You can do yoga exercises with your child to help relive the stress. Or, you can do jogging in the park so they can have fresh air. Fresh air is probably the most important thing anyone could ever need. It relaxes the mind and the warm sunlight can just brighten up their day and make them feel better about themselves.

That’s not the only thing that can be done. You can join boxing clubs, or you can write down your feelings in a log. By doing this, you feel like you’re telling someone, but in words, and you can read it over and over and over again. I also heard that rereading your feelings helps get rid of them for good. Of course it doesn’t happen overnight. It takes time.

Another good thing you can do is go on the internet. With just one click of a mouse, you can have over a million results. You can type in How to Relive Stress, Anger Management, Stress Relive Programs, etc... The internet has all the info you need. All thee things I mentioned can help with youth violence.

If you’d like to find out more about youth violence, then you can go on google, and type in youth violence, or something else related to youth violence. I went on google and looked up recent incidents of youth violence. I also found out about a website called “CapeCodonline.com.” This websites insists on a lot of things. It mainly give kids tips to not doing drugs, youth violence reports, they even have a video of showing a burned body being carried into the ambulance. He was known by the name of Jordan Mendes.

The youth depends on us because...what if your child or best fried is the next one to end up in the ground, so please, stop youth violence. Everyone has the ability to help the youth world stay in one piece, imagine what can happen when we all start doing drugs, prostitution, etc. What if your child or closest friend is next?