Violence can affect people in many ways. For example when I was at my house I heard gunshots. I heard gunshots and a car window break. My mom and I were both at the house at the time. My mother and I were so shocked and really scared. Violence in my life affected me mentally not physically. The reason it affected me mentally is because I did not know that my neighborhood was like that. A week after my mom and I heard the gunshots we decided to move. I think some causes for youth violence are abuse, domestic, bullying and also gangs. Some ways I can help prevent youth violence are: teaching younger kids that it is bad, getting involved in school programs to prevent violence and standing up to bullies myself. Through my personal experience I have seen that violence can negatively affect people and should be stopped. I want to help with preventing violence.