How has violence affected my life?

Throughout my life, I've never experienced direct violence. But I do know what it is from watching TV shows and the news. Violence is when someone physically hurts you. The first things that come to mind when I think about violence are hitting, beating, fighting, killing, shooting, and wars. Violence is happening all over the world. An example of this is the Sandy Hook Elementary School shooting that happened in December 2012 at Newtown, Connecticut. Twenty-eight people died. They were all shot, which is one of the definitions of violence. This has affected me mentally. After this shooting, I came to a conclusion that this can happen at any school. We aren't completely safe. When I said violence is when someone physically hurts you, that was only one meaning. Bullying is also considered violence. Well, at least youth violence. Youth violence has left me with many questions. Like, how has it affected everybody? What are the causes of it? What can I do about this?

What are the causes of youth violence?

First of all, we need to know what youth violence is. Youth violence is violence involving young people. It is between the ages of ten to mid-twenties. Youth violence includes bullying, slapping, and hitting. It most likely happens at school, work, and your community. Now that we know what youth violence is, we now can know what are the causes of it. I would say the main cause of youth violence is TV shows and movies that contain violence. The child may think that it's the right thing to do since people on TV do it. Another cause of youth violence is lack of attention and love from the parents or legal guardians. This may cause the child to seek attention by being aggressive at school. Families are a cause of youth violence. The child can imitate aggressive behavior from their family. They may think it's normal since they see their parents doing it. But no, all of these actions are not okay to do and it's sad to watch kids at a young age doing them.
What can I do about youth violence?

Youth violence is a serious concern. Sometimes I ask myself, “What can I do about youth violence”? Well, I think now I know the answer. First of all, we need to learn how to cooperate with each other. Violence doesn’t make happiness. Second of all, I think that you should try to respect people. Respect their opinions and their beliefs. If you don’t like what they like, then that’s okay. But you don’t have to bully them about it. And if you do see someone being bullied, then go tell a teacher or an adult. Don’t just stand there or tag along with the rest. Third of all don’t let the child watch any movies or TV shows that contain violence. It can influence the child. Well not until they understand it’s okay not to do that stuff. Lastly, do not participate in activities that imply fighting as it can lead to something horrible.

Overall, you’ve just learned how violence influenced my life, what are the causes of youth violence, and what you can do about it. What would the world be like without youth violence? I bet it would be peaceful, relaxing, and wonderful. Everyone would be happy and enjoy life. Teachers and parents wouldn’t have to worry about discipline. But unfortunately, that won’t happen anytime soon. Studies have shown that youth violence has been increasing. But at least we do have some ways to reduce it.