How can we stop violence?

Violence is the result of a combination of biological, social, and psychological factors, especially those that increase exposure to vulnerability, shame, and humiliation. Preventing violence must involve the opposite making people feel safe, cared about, and realistic sense of self-esteem and self-worth.

Violence is one way that many people manipulate others, sometimes when one person gets mad to another person the first thing that starts or gets into their mind is violence or bullying them with words, hitting them. Many people think that violence is one way to solve problems but instead they bully them or make them do things they don't have to do; for example, kill them, they get frustrated.

Most of the teenagers think that violence is a game and they treat their mates bad, they try to take their stuff or jump them in school, they even tell them that if they don't do what they say they could kill them or do something bad to them.

Violence is an extreme form of aggression, such as assault, rape or
murder, violence has many causes, including frustration, exposure to violent media, violence in the home or neighborhood and a tendency to see other people's action as hostile even when they're not certain situations also increase the risk of aggression also by drinking, insults and other provocations and environmental factors like heat and overcrowding.

violence as an expression of aggression there can various reasons that causes this kind of behavior various unfavorable social situations or circumstances in life affect an individual. we should educate our kids so then they can be violent. the police officers should give the people who do violence more years.

many teenagers think that violence is a game, and we could change everything, violence is not a game is something you can't play with peace cannot be achieved through violence, it can only be achieved through understanding…

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