Violence is all around us. This society we live in, not only kids, sometimes adults get out of hand. Acts of violence disrupt the process of learning and it has a negative effect on adults, parents, our surroundings, you and me. Youth Violence impacts people of all different age, regardless of their socioeconomic status, weather its religion, race, gender, hair color, eye color, style etc. There are a lot of causes for youth violence; its not something we can stop. In this society we live in, the only thing we can do, its try to prevent the smallest discrimination from happening that could escalate and turn into "violence".

Honestly, youth violence hasn’t really affected my life. I walk away from people that discriminate me and I hang out with the friends that accept me for who I am. Discrimination is all around us and like I said we couldn’t really stop it, just try your best to walk away from the problem so the problem wouldn’t escalate into violence. Sometimes is not easy, but you just got to tell yourself its not worth it to get in trouble for some idiots.

Some causes of Youth Violence would be teen relationships. Let me just clarify, not friendships, like a boyfriend-girlfriend relationship. Relationships like these cause youth violence because one doesn’t trust the other or something stupid like that. Another cause would be peer pressure. Peer pressure it’s a cause of youth violence because one might pressure another one to do illegal activities and that always escalates to violence. I think bullying is definitely one of the biggest causes because of the fact that bullying is already violence. The fact that one discriminates on another just because they are different from how they are really eats me up inside. These are the reasons why I think we SHOULD try to prevent youth violence. There are a lot more causes for youth violence but I’m just listing the ones I think are most important.

A lot of people think a cause for youth violence may be broken homes or bad neighborhoods. I admit, sometimes that contributes to the reasons for youth violence, but not always. Teenagers are still kids, Teens learn what they live. If their homes are neglected, frightened, or violent, that’s what the child expects. Sometimes, anxiety, embarrassment, and feeling powerless contribute to youth violence. These factors can cause a student or a teen to act out of frustration.

Something I can do about youth violence would be minding my own business and not get myself into trouble. I can walk away from drama so I can prevent violence. I can talk to an adult when I am in trouble so I am not depressed which can also lead to youth violence. I can create a firm relationship with my family members so I am in a happier mood everyday. I can sleep earlier, eat healthy, exercise daily and stay healthy and to stay from being anxious. Being healthy will also help disestablish the feeling of feeling powerless. Stay healthy and never pick a fight you can’t win.