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Violence is a terrible thing. Violence is what gives you those nightmares when your asleep. Its what gives you that chill down your spine when you hear a scream. Violence has affected me in my life whether it is in school or in the open many times.One of the times that violence affected me that I could never forget was when they hurt one of my friends.This is how it all began.My friend Julio had just gotten his guitar waxed and cleaned.He had also bought a brand new phone. Julio was just about to go into the train station when he was stuck by something hard. As he fell blood poured out of his head. His guitar clanged on the ground and his phone clattered on the ground. As Julio lay on the ground, two rough looking men stole his guitar and his new phone. This had affected me dramatically as I thought how how violence everyone. It hurts the victim of the violence, his or her family, and his or her friends. After this happened, Julio had to go to the hospital for a long time. The good thing was that he was going to make a full recovery. Nothing was permanent. After Julio got out of the hospital we were all wondering how it felt to have the special treatment. He was bright eyed and well fed so everything was fine. As presents, we got Julio a new phone and a new guitar. No one ever caught those crooks but live and forgive I guess. How this violence had affected me, there are many answers, but the way it had affected me the most was emotionally. I didn't know what I felt exactly because there was a mix of feelings. I felt sad, angry, annoyed, and heartbroken. I felt angry because they hurt my friend and stole his things. I was sad because I could feel his pain. I was annoyed because they stole very valuable things. I was heartbroken because one of my friends had to go to the hospital not as a guest or a visitor but as the patient. This is one of the ways that violence has affected me in my life. I hope nothing ever comes close to that much violence in my life ever again. There are many causes of youth violence, but the one that I think is the most affective is television. On television you can see things that are of killing, guns, and name calling. These things are verbal and physical violence. Many things can show kids verbal violence and physical violence, but I think that television is the worst since it can show so many things. I can do a lot about youth violence but what I follow is AVIAWAAT(avi-a-wat). Avoid Violence In All Ways At All Times. This means to avoid verbal and physical violence as much as I can.This is how violence has affected me in my life, what are the causes of youth violence, and what I can do about youth violence.