There's a lot of causes of why violence all started. Like Jealousy, bad company, drugs, gangs, abuse, and more. Almost everybody have violence in their life including me. The time I had violence in my life is when my cousin almost got kidnapped.

It was a family shock when we heard the news. Nobody ever thought that it would happen. I thought it was just a joke until she told me and showed me her cuts and bruises all over her body. I felt like I was going to cry my eyes out because she means everything to me and I never want something bad happen to her. We had a long conversation about what happen to her. So how did it all started? "I said, "Well..." She reply, "I was just walking down the street and all of sudden somebody comes from behind and tried to hit me in their car, but I wasn't going to let that happen. I decided to fight back, but it took me a while just to get him off of me because he was stronger and faster than me, but I know I need to fight back no matter what! After fighting he finally let go of me and ran off. I was running away myself and decided to go to my grandmothers house. " She said. I was speechless and surprise when she told me that because it was crazy and it made me think that you shouldn't be afraid and should fight back because without fighting for yourself, you'll feel depressed and ashamed. You should always have a couple of friends with you so you won't be alone. My cousin taught me alot and how to protect yourself from any kind of violence. This affected my life because I can't go to certain places and if I'm going somewhere I need somebody with me and you should watch who's around you.

What you can do about violence is write signs telling people to stop youth violence, stop hanging out with bad company because they can get you in serious trouble, tell people to use some common sense, and start a program talking about youth violence and the causes and effects. This is the violence in my life.